

Thai Orchid Massage



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Traditional Thai Massage is one of the world's oldest healing modalities. It used to be performed by Buddhist monks and is known in Thailand as "nuat phaen boran" (Thai: ??????????) – the "ancient-manner" massage. This massage is a beneficial form of massage therapy which everyone should try at least once in their lifetime. It dates back thousands of years for good reason! This form of bodywork is usually performed on the floor, and the client wears comfortable clothes that allow for movement. No oils are used in Thai massage. The therapist uses her hands, elbows, knees and feet to restore the body to a state of harmony. The massage generally follows the Sen lines on the body – somewhat analogous to meridians in Chinese medicine. The combination of energetic and physical aspects is what makes Thai Massage unique and so effective.

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