

# Palapai Thai Massage

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Palapai is an authentic and professional Thai Traditional massage spa that has been providing a wide range of massages and treatments for more than 12 years in South Africa. Our branch is located in Durbanville, Cape Town. Our massage therapists are qualified and highly experienced in deep pressure point massage. They can help you with relieving muscle tension, chronic pain, stress relief, stimulating blood circulation and lymphoid system, increased energy levels, body alignment, increased range of motion and flexibility and a balanced energy flow throughout the body, calm the nervous system and release of toxins from the body. As for mental and emotional benefits, Thai massage can help you improve your focus and concentration, and help you deal better with stressful situations that you might encounter in everyday life. Additional services include body and facial treatments. Intensive courses are also available. Join us at Palapai to experience our premium Thai Massage services and our excellent rated facilities.

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