

Bio MechaniX



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Who we are Bio Mechanix is a specialist company focused on providing the latest in effective conditioning, rehabilitation and wellness solutions to people from all walks of life. Whether it be an elite level professional athlete or a novice weekend runner, our broad service offering and qualified team ensures that we are able to help you achieve your physical goals. Our mission is to ensure our specialised conditioning, rehabilitation and wellness services are accessible to a large majority of the community by offering a mobile service while maintaining affordable rates and ensuring a consistently high standard of service.

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